

AR= Activity Room (Formerly Craft Room)
 DR = Dining room
 FR = Fitness Room ★ = Outings
 LBY=Lobby
 MZ = Mezzanine
 KC = KOPRC Chapel (by lobby)
 ULR = Upper Living Room
 CD = Concierge Desk (Sonya's desk)
 #528 = Apartment 528



FEBRUARY 2025

sign up life enrichment desk in green



Sun Mon Tue Wed Thu Fri Sat

						1 6:00 Social Hour DR
2 3:00 Church #528 6:30 Game night DR	3 1:30 Silver Sneakers AR 2:15 Chair Yoga AR 2:00 Knitting & Crafting DR (lounge area)	4 2:00 Resident Board Meeting #528 3:00 Western Movie Matinee: American Empire (1942) DR	5 1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/Beanbag Baseball DR	6 9:00 Shopping Trip TBD ★ 1:30 Silver Sneakers AR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:30 Trivia DR	7 2:00 Knitting & Crafting w/guitar music DR 3:00 Movie Matinee "Just Around the Corner" ULR 6:30 Game Night DR	8 2:00 Coloring Social DR 3:00 Snack n Chat DR 6:30 Game Night DR
9 1:30 Superbowl Party DR 3:00 Church #528 6:30 Game night DR	10 1:30 Silver Sneakers AR 2:15 Chair Yoga AR 2:00 Knitting & Crafting DR (lounge area)	11 2:00 Resident Association Meeting DR 2:30 Birthdays w/ Michael McCabe DR	12 ★ 11:00 Canton Chinese Restaurant Outing 11:00 Pet Nail Trims #528 1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/Beanbag Baseball DR 5:30 Bingo DR	13 1:30 Silver Sneakers DR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:00 American Sign Language Class DR	14 Valentine's Day 2:00 Knitting & Crafting w/guitar music DR 2:00 Ice Cream Social DR 3:00 Movie Matinee : "Royal Wedding" ULR 6:30 Game Night DR	15 2:00 Coloring Social DR 6:00 Potluck DR
16 3:00 Church #528 6:30 Game night DR	17 President's Day 1:30 Silver Sneakers AR 2:15 Chair Yoga AR 2:00 Knitting & Crafting DR (lounge area) 3:30 President's Day Pie DR	18 3:00 Shirley Temple Matinee: "Curly Top" (1935) DR	19 1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/Beanbag Baseball DR 5:30 Bingo DR	20 ★ 9:00 Shopping Trip TBD 1:30 Silver Sneakers DR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:00 American Sign Language Class DR	21 2:00 Knitting & Crafting w/guitar music DR 3:00 Movie Matinee "My Pal Trigger" ULR 6:30 Game Night DR	22 2:00 Coloring Social DR 3:00 Snack n Chat DR 6:30 Game Night DR
23 3:00 Church #528 6:30 Game night DR	24 1:30 Silver Sneakers AR 2:15 Chair Yoga AR 3:00 Knitting & Crafting DR (lounge area)	25 ★ 10:00 Outing: Natural Grocers, Hallmark store, Chipotle Restaurant 2:30 Book Mobile DR	26 1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/Beanbag Baseball DR 5:30 Bingo DR	27 1:30 Silver Sneakers DR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:00 American Sign Language Class DR	28 2:00 Knitting & Crafting w/guitar music 3:00 Movie Matinee: "Career Girl" ULR 6:30 Game Night DR	

Introducing Music Appreciation Class

Join Dee Espinoza every Wednesday afternoon in our dining room at 2 PM to simply enjoy music! You will listen to different kinds of music and explore The many genres of vocal and instrumental music. Contact Dee Espinoza in apartment 100 if you have any questions about the class.



FISH FRIDAYS

Friday, February 7, FISH will be setting up in the dining room. Please remember to sign in BEFORE getting your produce. After you sign in and fill your menu out you will be given a number. Then you can fill your bag with the produce they provide while you wait for your number to be called. We will have cookies and coffee to enjoy while you are waiting. It takes a while for them to fill all of the orders, so please be patient. We are so grateful that they bring this wonderful service to our community!

Friday Movie List

Please join us every Friday at 3 PM in the upper living room for a movie and snacks. We will be featuring a variety of movies this month.

February 7th: "Just Around The Corner", 1938 starring Shirley Temple

February 14th: "Royal Wedding", 1951 starring Fred Astaire, Jane Powell

February 21st: "My Pal Trigger", 1946 starring Roy Rogers

February 28th: "Career Girl", 1944, starring Frances Langford

President's Day

President's Day is typically celebrated on the third Monday of February. Officially, on the federal level, it is known as Washington's Birthday. The holiday is celebrated to honor all who served as presidents of the United States since 1879. It places special emphasis on president George Washington, who served as the first American President from 1789 to 1797. President Washington was born February 22, 1732. Until 1970, President's Day was celebrated on that date. To give federal employees a three-day weekend, the Uniform Monday Holiday Act was passed, moving President's Day to the third Monday in February. President's Day also honors Abraham Lincoln who was born February 12th and Thomas Jefferson, who was born April 13, 1743.

An interesting fact about President's Day is that different states emphasize different presidents.

I grew up in the state of Connecticut, where for a while we celebrated Washington's birthday and Lincoln's birthday. We then combined the two, but the state of Connecticut still calls the holiday Washington's Birthday. Florida, Illinois, Iowa, Louisiana, Massachusetts, Michigan, North Carolina, New Jersey, and New York do the same.

Virginia simply calls it "George Washington Day". Montana, Ohio, Utah and Minnesota use both Washington and Lincoln in the birthday title.

Alabama changed the holiday to George Washington and Thomas Jefferson Birthday, and Arkansas to George Washington's Birthday and Daisy Bates Day. Daisy Bates was an American civil rights activist.

The state of California simply calls it "The third Monday in February" without mentioning any presidents. Delaware does not observe Washington's birthday as a federal holiday. All of the other states, including the state of Washington, call it President's Day.

Many know it as a good day to find a mattress on sale, as mattresses and appliances are traditionally on sale because it is before income taxes are due. It is also a day where cherry pie is traditionally eaten to honor George Washington and the tall tale that he cut down his father's cherry tree. Whether the tale is true or not, cherry trees came over with the earliest American settlers and are a traditional American dessert, so why not enjoy them on President's Day?

