AR= Activity Room (Formerly Craft Room)

DR = Dining room

FR = Fitness Room = Outings

LBY=Lobby

MZ = Mezzanine

KC = KOPRC Chapel (by lobby)
ULR = Upper Living Room
CD = Concierge Desk (Sonya's desk)

**#528 = Apartment 528** 



# FEBRUARY 2025

sign up life enrichment desk in green



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
						6:00 Social Hour DR
2 3:00 Church #528	3 1:30 Silver Sneakers AR	4 2:00 Resident Board Meeting #528	5 1:00 Catholic Communion KC	6 9:00 Shopping Trip TBD 1:30 Silver Sneakers AR	<b>7</b> 2:00 Knitting & Crafting w/guitar	8 2:00 Coloring Social DR 3:00 Snack n Chat
6:30 Game night DR	2:15 Chair Yoga AR 2:00 Knitting & Crafting DR (lounge area)	3:00 Western Movie Matinee: American Empire (1942) DR	2:00 Music Appreciation DR 3:00 Snack n Chat/ Beanbag Baseball DR	2:15 Chair Yoga DR 3:00 Bible Talk KC 5:30 Trivia DR	music DR 3:00 Movie Matinee "Just Around the Corner" ULR 6:30 Game Night DR	DR 6:30 Game Night DR
9	10	11	12	13	14 Valentine's Day	15
1:30 Superbowl Party DR 3:00 Church #528 6:30 Game night DR	1:30 Silver Sneakers AR 2:15 Chair Yoga AR 2:00 Knitting & Crafting DR (lounge area)	2:00 Resident Association Meeting DR 2:30 Birthdays w/ Michael McCabe DR	11:00 Canton Chinese Restaurant Outing 11:00 Pet Nail Trims #528 1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/Beanbag Baseball DR 5:30 Bingo DR	1:30 Silver Sneakers DR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:00 American Sign Language Class DR	2:00 Knitting & Crafting w/ guitar music DR 2:00 Ice Cream Social DR 3:00 Movie Matinee : "Royal Wedding" ULR 6:30 Game Night DR	2:00 Coloring Social DR 6:00 Potluck DR
16	17 President's Day	18	19	20	21	22
3:00 Church #528 6:30 Game night DR	1:30 Silver Sneakers AR 2:15 Chair Yoga AR 2:00 Knitting & Crafting DR (lounge area) 3:30 President's Day Pie DR	3:00 Shirley Temple Matinee: "Curly Top" (1935) DR	1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/ Beanbag Baseball DR 5:30 Bingo DR	9:00 Shopping Trip TBD 1:30 Silver Sneakers DR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:00 American Sign Language Class DR	2:00 Knitting & Crafting w/ guitar music DR 3:00 Movie Matinee "My Pal Trigger" ULR 6:30 Game Night DR	2:00 Coloring Social DR 3:00 Snack n Chat DR 6:30 Game Night DR
23	24	25	26	27	28	
3:00 Church #528 6:30 Game night DR	1:30 Silver Sneakers AR 2:15 Chair Yoga AR 3:00 Knitting & Crafting DR (lounge area)	10:00 Outing: Natural Grocers, Hallmark store, Chipotle Restaurant 2:30 Book Mobile DR	1:00 Catholic Communion KC 2:00 Music Appreciation DR 3:00 Snack n Chat/Beanbag Baseball DR 5:30 Bingo DR	1:30 Silver Sneakers DR 2:15 Chair Yoga DR 3:00 Bible Talk KC 5:00 American Sign Language Class DR	2:00 Knitting & Crafting w/ guitar music 3:00 Movie Matinee: "Career Girl" ULR 6:30 Game Night DR	

### **Introducing Music Appreciation Class**

Join Dee Espinoza every Wednesday afternoon in our dining room at 2 PM to simply enjoy music! You will listen to different kinds of music and explore The many genres of vocal and instrumental music. Contact Dee Espinoza in apartment 100 if you have any questions about the class.





# FISH FRIDAYS

Friday, February 7, FISH will be setting up in the dining room. Please remember to sign in BEFORE getting your produce. After you sign in and fill your menu out you will be given a number. Then you can fill your bag with the produce they provide while you wait for your number to be called. We will have cookies and coffee to enjoy while you are waiting. It takes a while for them to fill all of the orders, so please be patient. We are so grateful that they bring this wonderful service to our community!

## Friday Movie List

Please join us every Friday at 3 PM in the upper living room for a movie and snacks. We will be featuring a variety of movies this month.

<u>February 7th:</u> "Just Around The Corner", 1938 starring Shirley Temple

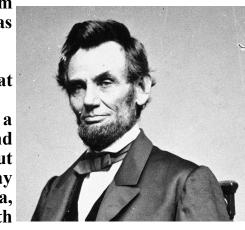
<u>February 14th:</u> "Royal Wedding", 1951 starring Fred Astaire, Jane Powell

<u>February 21st:</u> "My Pal Trigger", 1946 starring Roy Rogers

<u>February 28th:</u> "Career Girl", 1944, starring Frances Langford

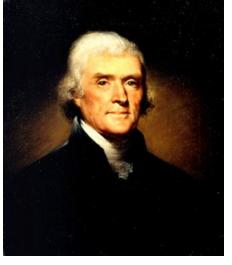
#### President's Day

President's Day is typically celebrated on the third Monday of February. Officially, on the federal level, it is known as Washington's Birthday. The holiday is celebrated to honor all who served as presidents of the United States since 1879. It places special emphasis on president George Washington, who served as the first American President from 1789 to 1797. President Washington was born February 22, 1732. Until 1970, President's Day was celebrated on that date. To give federal employees a three-day weekend, the Uniform Monday Holiday Act was passed, moving President's Day to the third Monday in February. President's Day also honors Abraham Lincoln who was born February 12th and Thomas Jefferson, who was born April 13, 1743.



An interesting fact about President's Day is that different states emphasize different presidents. I grew up in the state of Connecticut, where for a while we celebrated Washington's birthday and Lincoln's birthday. We then combined the two, but the state of Connecticut still calls the holiday Washington's Birthday. Florida, Illinois, Iowa, Massachusetts, Michigan, Louisiana, Carolina, New Jersey, and New York do the same. Virginia simply calls it "George Washington Day". Montana, Ohio, Utah and Minnesota use both Washington and Lincoln in the birthday title. Alabama changed the holiday to George Washington and Thomas Jefferson Birthday, and Arkansas to George Washingtons Birthday and Daisy Bates Day. Daisy Bates was an American civil rights activist.

The state of California simply calls it "The third Monday in February" without mentioning any presidents. Delaware does not observe Washington's birthday as a federal holiday. All of the other states, including the state of Washington, call it President's Day.



Many know it as a good day to find a mattress on sale, as mattresses and appliances are traditionally on sale because it is before income taxes are due. It is also a day where cherry pie is traditionally eaten to honor George Washington and the tall tale that he cut down his father's cherry tree. Whether the tale is true or not, cherry trees came over with the earliest American settlers and are a traditional American dessert, so why not enjoy them on President's Day?