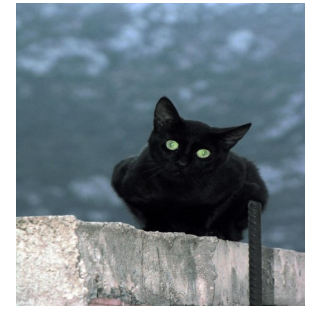


CR= Classroom (formerly Arts & Crafts)
 DR = Dining room
 FR = Fitness Room ★ = Outings
 LBY=Lobby
 MZ = Mezzanine
 KC = KOPRC Chapel (by lobby)
 ULR = Upper Living Room
 CD = Concierge Desk (Sonya's desk)
 #528 = Apartment 528



OCTOBER 2024

Activities in Green = sign up required at the concierge desk



Sun Mon Tue Wed Thu Fri Sat

		1 FISH menus dropped off 12:00 PM 10:00 Nail Trims for dogs an cats #528 2:00 Resident Board Meeting #528 6:00 9-Ball Pool Tutorial MZ	2 1:00 Catholic Communion KC 2:00 Snack n Chat DR 5:30 Karaoke DR	3 FISH menus picked up 9:00 AM No Shopping Trip 2:00 Bean Bag Baseball DR 2:00 Snack n Chat DR	4 FISH Food Boxes Delivered ETA 12:00 PM 2:00 Knitting & Crafting w/guitar music DR 3:00 Movie Matinee "Rear Window" ULR 6:30 Game Night DR	5 2:00 Coloring Social DR 2:00 Halloween Decorating Party DR 6:00 Social Hour DR
6 3:00 Church #528 6:30 Game night DR	7 2:00 Knitting & Crafting DR	8 ★ 11:00 Carol's Corner Café 1:30 Silver Sneakers & Chair Yoga CR 2:00 Resident Association Meeting DR 2:30 Birthdays with Michael McCabe, and Medicare question and answer with Jimmy Oung	9 1:00 Catholic Communion KC 2:00 Snack n Chat DR 5:30 Bingo DR	10 ★ 9:00 Shopping Trip TBD 2:00 Bean Bag Baseball DR 2:00 Snack n Chat DR 5:30 Trivia DR	11 1:30 Silver Sneakers & Chair Yoga CR 2:00 Knitting & Crafting w/guitar music DR 3:00 Movie Matinee "Vertigo" ULR 6:30 Game Night DR	12 2:00 Coloring Social DR 2:00 Snack n Chat DR 6:30 Game Night DR
13 3:00 Church #528 6:30 Game night DR	14 Columbus Day 2:00 Knitting & Crafting DR 3:00 Talent Show DR	15 ★ 11:00 Trader Joes Salmon Creek Outing 1:00 Generative Writing Workshop #528 1:30 Silver Sneakers & Chair Yoga CR 6:00 9-Ball Pool Tutorial MZ	16 1:00 Catholic Communion KC 2:00 Snack n Chat DR 5:30 Bingo DR	17 ★ 9:00 Shopping Trip TBD 2:00 Annual Notice of Change for Medicare/Medicaid Sponsored by Humana DR 2:00 Bean Bag Baseball DR 2:00 Snack n Chat	18 1:30 Silver Sneakers & Chair Yoga CR 2:00 Knitting & Crafting w/guitar music DR 3:00 Movie Matinee "Psycho" ULR 6:30 Game Night DR	19 2:00 Coloring Social DR 6:00 Potluck DR
20 3:00 Church #528 6:30 Game night DR	21 2:00 Knitting & Crafting DR 2:00 Donut Social DR	22 1:30 Silver Sneakers & Chair Yoga CR 2:30 Book Mobile DR	23 1:00 Catholic Communion KC 2:00 Snack n Chat DR 5:30 Bingo DR	24 ★ 9:00 Shopping Trip TBD 2:00 Bean Bag Baseball DR 2:00 Snack n Chat DR 5:30 Trivia DR	25 1:30 Silver Sneakers & Chair Yoga CR 2:00 Knitting & Crafting w/guitar music DR 3:00 Movie Matinee "The Birds" ULR 6:30 Game Night DR	26 2:00 Coloring Social DR 2:00 Snack n Chat DR 6:30 Game Night DR
27 3:00 Church #528 6:30 Game night DR	28 2:00 Knitting & Crafting DR	29 1:30 Silver Sneakers & Chair Yoga CR	30 1:00 Catholic Communion KC 2:00 Snack n Chat DR 5:30 Bingo DR	31 ★ 9:00 Shopping Trip TBD 2:00 Bean Bag Baseball 2:00 Snack n Chat/movie "It's the Great Pumpkin, Charlie Brown" 4:00 Halloween Party DR		

KOPRC Halloween Party

Thursday, October 31st at 4 PM in our dining room.

Pizza provided by the resident association (free but you need to sign up at the Concierge desk).

Bring your favorite dessert to share.

Music by Upfront Jazz Band.

Costumes are optional. There will be prizes for the best all around costumes

Hope to see you there!



The Puzzle Gang **By Jan Rider**



Anyone can become a part of this group. The puzzles can be borrowed from the Mezzanine, then put together on the Mezzanine or the area set up for the puzzle gang in the dining room. They can also be taken to your room (only one at a time, please!)

Some of us just like to see the puzzles when they are finished, and some like to help someone else do most of the puzzle. If this is the case, always ask if you can help put a puzzle together.

Many in this group like quiet when working, as it is a meditation for some. There are others, though, that like to talk with each other as they work, so be aware when joining in.

For those of you who are new, there are two puzzle areas. One is on the Mezzanine, the other in the dining room in the far right hand corner near the ramp. There is a sign designating the table as a puzzle area. All are welcome! You do not have to complete the whole puzzle yourself. The wonderful thing about our common areas is when you get tired of working on a puzzle, you can leave the rest to others to finish.

FISH FRIDAYS

Friday, November 1st FISH will be setting up in the dining room. You can customize your box and enjoy fresh produce provided by FISH. They are moving to the dining room next month due to the weather. They will arrive the same time, at approximately 11:30 AM.

Friday Movie List

Please join us every Friday at 3 PM in the upper living room for a movie and snacks. We will be featuring Alfred Hitchcock movies this month. Please see Lori or drop a suggestion in the box if you have any movie suggestions.

October 4th: "Rear Window"

October 11th: "Vertigo"

October 18th: "Psycho"

October 25th: "The Birds"

The movies feature Jimmy Stewart, Grace Kelly, Anthony Perkins, Janet Leigh, Tippi Hedren, Kim Novak and Rod Taylor.