

April 2024

#104	Donna Owen
#108	Steven Fisher
#110	Daniel Ezell
#236	Melissa Cash
#238	Ray Kramer
#318	David Horton
#323	Carole Fernandez
#415	Keith Barnes
#422	Maureen Emter
#515	Becky Pittman
#520	Sally Pearson

Join us for cake and music by Michael McCabe as we celebrate April birthdays in the dining room on Tuesday, April 9th at 2:30 PM.





FISH Outdoor Market Fabulous Fridays will resume in May! Join us at the YWCA for fresh produce and other commodities from FISH!



Remembering Terrence "Terry" Boisselle

Veteran, father, friend to all, especially missed by his partner, Marty.

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The Tidbits

is a monthly

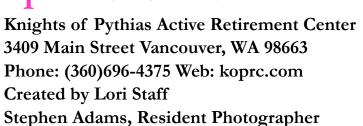
publication of the Knights of **Pythias** Retirement Center, whose goal is to promote friendship, charity & benevolence among all

mankind.

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Knights of Pythias Active Retirement Center 3409 Main Street Vancouver, WA 98663 Phone: (360)696-4375 Web: koprc.com





Resident Artists



This 4 x 5 foot acrylic on canvas was designed by resident artist S. Rhea (aka Red). It now hangs over the front fireplace in our dining room. It is titled "Missed Opportunities". We are



blessed to have it loaned to us! Another resident artist, Joyce L., completed this beautiful rendition of her beloved former cat, Sly. Art can be a wonderful way to remember a loved one and to express grief and loss in a beautiful and creative way, as Joyce has done in her painting.

If you are in the area, be sure to stop by and view S. Rhea's painting. It is a feast for the eyes!

A Wee Bit of the Irish By Celtic Muse

On Friday, March 15th we were treated to music by Celtic muse, with harp, dulcimer, recorder, pennywhistle, and a flute imported from Ireland. As the strains of "Oh Danny Boy" filled our dining room by musicians Jennifer Pratt-Walter and Valerie Blessley, our residents enjoyed Emerald Isle punch and a special rainbow snack plater provided by Ronda and Sienna. There truly was a pot of gold at the end of our rainbow! Thank you everyone for a very special day!











Fridays were busy in March! Sienna taught residents how to make healthy smoothies, with recipes to take home, followed by spring crafts lead by Ronda in our arts and craft room.







April Activity Updates from Ronda

- ▼ Susan Dingle, Clark County Poet Laureate will be meeting with our residents on Wednesday, April 17th, 1 PM-3 PM in the arts and crafts room to discuss what kind of writing workshops you are interested in. You do not have to have previous writing experience to join, just a willingness to learn, share, participate. She will be setting up writer's workshops the 3rd Tuesday of every month. April is the Celebration of National Poetry Month, so please bring a poem to share that you like or that you have written.
- ▼ The food pantry is open by appointment with Ronda the 1st and 2nd Fridays from 10-11:30 AM and the 3rd and 4th Fridays from 8:30-10:30 AM. For urgent needs outside of these time blocks, please contact Lori.
- Would you like your fur baby to be highlighted in the Tidbits? Let Ronda or Lori know, and Ronda will do a short interview. You will have the opportunity to do a Meet and Greet at the concierge desk so people can get to know how special your pet is.
- ▼ Sienna (our wonderful volunteer) would like to visit with some of our residents. Please let Ronda or Lori know if you are willing to have Sienna come for a visit and maybe a game of checkers, dominos, or cards. Each floor has a common area, and if you would prefer she would be happy to meet with you there, rather than in your apartment.
- Ronda would like to know what outings and activities you are interested in. Please stop by on a Friday and let her know, or drop a note for her mailbox. She has lots of wonderful ideas, but would appreci-

ate your feedback!



