

CR= Classroom (formerly Arts & Crafts)  
DR = Dining room  
FR = Fitness Room    ★ = Outings  
LBY=Lobby    GREEN = Sign up required  
MZ = Mezzanine  
KC = KOPRC Chapel (by lobby)  
ULR = Upper Living Room  
CD = Concierge Desk (Sonya's desk)  
#528 = Apartment 528



# OCTOBER 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Activities Cancelled	<b>2</b> Activities Cancelled	<b>3</b> Activities Cancelled	<b>4</b> Activities Cancelled	<b>5</b> Activities Cancelled	<b>6</b> Activities Cancelled	<b>7</b> Activities Cancelled
<b>8</b> Activities Cancelled	<b>9</b> Indigenous People's Day Activities Cancelled	<b>10</b> Activities Cancelled	<b>11</b> Activities Cancelled	<b>12</b> Activities Cancelled	<b>13</b> Activities Cancelled	<b>14</b> Activities Cancelled
<b>15</b> 3:00 Church DR	<b>16</b> 12:30 VIP Meet & Greet CD 1:00 Gentle Stretching CR 1:00 Pinochle #528 2:00 Knitting, Crafting & Coloring w/ guitar music DR	<b>17</b> ★ <u>11:00 House of Bejing</u> 1:00 Sit n Stretch CR 2:00 Resident Association Meeting DR 3:00 Can Do Art Class CR	<b>18</b> 1:00 Gentle Stretching CR 1:00 Catholic Communion KC 2:00 Bag Auction Decorating Craft DR 5:30 Bingo DR	<b>19</b> ★ <u>9:30 Shopping Trip TBD</u> 1:00 Pinochle #528 1:00 Sit & Stretch CR 2:00 Bean Bag Baseball DR	<b>20</b> 1:00 Generative Writer's Workshop CR 2:00 Knitting, Crafting & Coloring DR 3:00 Movie Matinee "The Others" ULR 5:00 Game Night DR	<b>21</b> 1:00 Bag Auction DR
<b>22</b> 3:00 Church DR	<b>23</b> 1:00 Gentle Stretching CR 1:00 Pinochle #528 2:00 Knitting, Crafting & Coloring w/ guitar music DR	<b>24</b> ★ <u>11:00 Vancouver Mall</u> 1:00 Sit & Stretch CR 2:30 Book Mobile DR 3:00 Can Do Art Class CR	<b>25</b> 1:00 Gentle Stretching CR 1:00 Catholic Communion KC 2:00 Pumpkin Decorating Craft DR 5:30 Bingo DR	<b>26</b> ★ <u>9:30 Shopping Trip TBD</u> 1:00 Pinochle #528 1:00 Sit & Stretch CR 2:00 Bean Bag Baseball DR 5:30 Trivia DR	<b>27</b> 2:00 Knitting, Crafting & Coloring DR 3:00 Movie Matinee "The Haunting" ULR 5:00 Game Night DR	<b>28</b>
<b>29</b> 3:00 Church DR	<b>30</b> 1:00 Gentle Stretching CR 1:00 Pinochle #528 2:00 Knitting, Crafting & Coloring w/ guitar music	<b>31</b> 1:00 Sit & Stretch CR 3:00 Can Do Art Class CR 5:00 Halloween Party Pizza & Treats DR Fee may apply for pizza				

## Stop being fooled by scammers!

They sound so convincing on the phone, but their agenda is to bleed you dry! This summer the FTC and its federal and state law enforcement partners announced a new program called Operation Stop Scam Calls, [ftc.gov/tsr](https://www.ftc.gov/tsr). This is a joint effort to fight against illegal robocalls. Here's how you can help:



- Know your rights. A robocall trying to sell you something is illegal unless the company has your written permission to call you.
- Spot the scams that use illegal robocalls. Many robocalls lead to scams because they try to convince you they are from a government agency, tech support, or warranty company, or that you have won a prize but you need to pay for it first.
- When you get a robocall, hang up! It's a scam! Never call back, don't press any number to get off their list or to call back. Just hang up!

If you need more information or advice on how to stop these intrusive calls, check out [ftc.gov/calls](https://www.ftc.gov/calls).

Lora Skjoldager from Humana will return to talk to KOPRC residents in more detail about the latest scams. Please save the date to learn more about not getting scammed on Monday, September 25th at 2 PM in the dining room. Refreshments will be served.

## Can Do Art Class Returns to KOPRC!

If you missed taking the art class last May, you can sign up in September at the Concierge desk for the class, which begins in October. Seating is limited.

The class is taught by Pam Herrington, a resident artist, and is free. All supplies will be provided.

The class will be painting in black and white, and is for beginners through advanced. All you need is a desire to draw and create. We hope to see you in October! Please see the sign up sheet for more details.



Save the date for our wonderful fund raiser coming up on October 7th at 3:00 PM in the dining room. Join us for a bag auction! What is a bag auction, you may wonder. Come to the dining room on October 4th at 2:00 PM and find out! Bring your favorite bag. It could be a brown paper bag, small-large, or a lovely plastic bag that you got from a purchase. Choose a theme for your bag. Here are a few examples:

- Movie night (fill your bag with a few dvds, a set of popcorn bowls, and a warm cozy blanket to wrap up in)
- Sweetheart night (fill your bag with scented candles and candle holders, pretty napkins, heart-shaped decorations)
- African safari (fill your bag with stuffed animals and anything with a safari print)
- Football bag (football décor from your favortite team)
- Spa night (fill with bath bombs, wash clothes, scrubbies, scented soap)

Let your imagination run wild! What is off limits? Food, clothes or used items. Unopened gifts that you received and won't use are okay to use. Decorate your bag to match your theme. This will give everyone a clue (but not a solid idea) of what is in your bag. On bag auction day, the auctioneer will hold up the bag and people will bid on it. The highest bid wins. All proceeds go to the resident fund. Start looking at Dollar Tree, T J Max, or other stores for discounted items to put in your bag. Look around your apartment for gifts you received but haven't opened yet. Most of all, have fun and enjoy an activity that is for a good cause!

*When the goldenrod is yellow, and the leaves are turning brown*

*Reluctantly the summer goes, in a cloud of thistledown.*

*When squirrels are harvesting, and birds in flight appear  
By these autumn signs we know, September days are here*

By Beverly Ashour

