


AC = Arts & Craft Room
 DR = Dining room
 FR = Fitness Room
 LBY=Lobby
 MZ = Mezzanine
 OC= Old Chapel (by lobby)
 ULR = Upper Living Room
 #528 = Apartment 528
 ★ = Outings

MAY 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 Senior Fitness ULR 1:00 Pinochle #528 3:00 Diabetes Class #528	2 9:30 Yoga Class ULR 2:00 Resident Board Meeting #528 12:15 Friends of Bill W #528 3:00 Bible Study LDS #528 5:30 Bingo DR	3 9:30 Senior Fitness ULR 1:00 Bible Study ULR 1:00 Art Class AC 6:00 Camelot Lodge #1 Meeting	4 9:00 Shopping TBA ★ 9:30 Yoga Class ULR 1:00 Pinochle #528 2:30 Food Committee OC	5 9:30 Senior Fitness ULR 2:00 Blood Pressure Checks DR 5:30 Movie ULR	6 1:00 Jan's Coloring Grp #528
7 3:00 Worship w/ Chaplain Rosie DR 5:00 Pegs & Jokers #528 5:30 Music Rehearsal ULR	8 9:30 Senior Fitness ULR 1:00 Pinochle #528 2:30 Rock Painting DR 3:00 Diabetes Class #528	9 9:30 Yoga Class ULR 10:00 Guitar Class Begins OC 12:15 Friends of Bill W #528 2:00 Resident Assoc Meeting DR 2:30 Birthday Party w/Avi DR 3:00 Bible Study LDS #528 5:30 Bingo DR	10 9:30 Senior Fitness ULR 1:00 Bible Study ULR 1:15 Catholic Communion OC	11 9:00 Shopping TBA ★ 9:30 Yoga Class ULR 1:00 Pinochle #528	12 9:30 Senior Fitness ULR 2:00 Tech 101 DR 5:30 Movie ULR	13 10:00 Hulda Klager Lilac Gardens ★ 1:00 Jan's Coloring Grp #528
14 MOTHER'S DAY  3:00 Worship & Communion Chaplain Rosie DR 5:00 Nacho Bar w/ Camelot Lodge #1 With Larry Allen & Becky Jean DR 5:30 Music Rehearsal ULR 6:00 Pegs and Jokers #528	15 9:30 Senior Fitness ULR 1:00 Pinochle #528 3:00 Diabetes Class #528	16 9:30 Yoga Class ULR 10:00 Guitar Class OC 12:15 Friends of Bill W #528 3:00 Bible Study LDS #528 5:30 Bingo DR	17 9:30 Senior Fitness ULR 1:00 Knitting/Crocheting FR 1:00 Art Class AC 1:00 Bible Study ULR 1:15 Catholic Communion OC 6:00 Camelot Lodge #1 Meeting	18 9:00 Shopping TBA ★ 9:30 Yoga Class ULR 1:00 Pinochle #528 2:30 Q&A Meeting DR	19 9:30 Senior Fitness ULR 2:00 Terry Ross, Classical Club w/Tea & Cookies DR 5:30 Movie ULR	20 9:00 Farmer's Market Trip ★ 1:00 Jan's Coloring Grp #528
21 3:00 Worship w/ Rhoda DR 5:00 Pegs and Jokers #528 5:30 Music Rehearsal ULR	22 9:30 Senior Fitness ULR 1:00 Pinochle #528 3:00 Diabetes Class #528	23 9:30 Yoga Class ULR ★ 10:00 Guitar Class OC 12:15 Friends of Bill W #528 1:00 Giving Closet Outing 2:30 Vancouver Library DR 3:00 Bible Study LDS #528 5:30 Bingo DR	24 9:30 Senior Fitness ULR 1:00 Bible Study ULR 1:15 Catholic Communion OC	25 9:00 Shopping TBA ★ 9:30 Yoga Class ULR 1:00 Pinochle #528 2:00 Pool Tournament MZ	26 9:30 Senior Fitness ULR 2:00 Cake & Carnations DR 5:30 Movie ULR	27 1:00 Jan's Coloring Grp #528 3:00 Vintage Fashion Show & Tea Party DR
28 3:00 Worship w/guest Speaker DR 5:00 Pegs and Jokers #528 5:30 Music Rehearsal ULR	29 MEMORIAL DAY 9:30 Senior Fitness ULR 1:00 Pinochle #528 3:00 Diabetes Class #528 4:00 Camelot Lodge #1 Memorial Day Bash DR	30 ★ 9:30 Yoga ULR 10:00 Guitar Class OC 12:15 Friends of Bill W #528 1:00 Fish Outing 3:00 Bible Study LDS #528 5:30 Bingo DR	31 9:30 Senior Fitness ULR 1:00 Art Class AC 1:00 Bible Study ULR 1:15 Catholic Communion OC			



“A Purrfectly Handsome Cat!”

Hi! My name is Alex and I’m 12 years old. I am a rescue from the Portland Humane Society. I was adopted when I was just two years old. Can you guess who my mommy

is? Vikki Fair! I sit on the back of her arm chair, so she has her hands free to cut fabric squares, sew, or cross stitch. I swish my tail and watch her work. I like to sneak cat naps on her tiger blanket. But she doesn’t seem to mind.

We watch movies together and several of my favorites are: *Hello Kitty*, *That Darn Cat*, *Grumpy Cat’s Worst Christmas Ever* and my favorite of all time, *Nine Lives!* Sometimes I can be ornery, especially if someone steps on my tail! Mommy has done that with her wheelchair and Aunt Pattie stepped on it once, but not on purpose. I let out a big cat meow so it won’t happen again! And speaking of meows many thanks to my caregivers, Helen and Bobbie for taking care of me while my pet parent was away. My favorite past times include: kissing the ladies, playing with my many toys and eating my mom’s hair. I like to say hi to Charlie (from the KOPRC kitchen) when he delivers lunch trays. A fun fact about me: I have one perfectly white leg. I am one happy cat now that my mom is back! Now that’s something to meow about!



A gentle reminder for residents who have evening guests: Please remind your visitors to sign out in the guest log when they leave the building.

Only one mother

Hundreds of stars
In the pretty sky
Hundreds of shells
On the shore together
Hundreds of birds that
go singing by
Hundreds of lambs
In the sunny weather
Hundreds of dew drops
To greet the dawn
Hundreds of bees in
The purple clover
Hundreds of butterflies
On the lawn

But only one mother the wide world over.

-George Cooper

